

## Synergistic effects between codeine and diclofenac after local, spinal and systemic administration

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### Abstract

This study was designed to evaluate the extent of the antinociceptive interaction between codeine and diclofenac at the local, spinal and systemic level. The effects of individual and fixed-ratio combinations of locally, spinally or orally given codeine and diclofenac were assayed using the formalin test in rats. Isobolographic analysis was employed to characterize the synergism produced by the combinations. Codeine, diclofenac and fixed-ratio codeine–diclofenac combinations produced a dose-dependent antinociceptive effect when administered locally, spinally or systemically. ED<sub>30</sub> values were estimated for the individual drugs and isobolograms were constructed. Theoretical ED<sub>30</sub> values for the combination estimated from the isobolograms were 422.2 ± 50.5 µg/paw, 138.5 ± 9.2 µg/rat, and 9.3 ± 1.1 mg/kg for the local, spinal and oral routes, respectively. These values were significantly higher than the actually observed ED<sub>30</sub> values which were 211.1 ± 13.6 µg/paw, 45.9 ± 3.9 µg/rat, and 2.5 ± 0.2 mg/kg, indicating a synergistic interaction. Systemic administration resulted in the highest increase in potency, being about fourfold, while spinal and local administration increased potency in two- and threefold, respectively. The fact that the highest synergism was observed after systemic administration suggests that the interaction is occurring at several anatomical sites. The results support the clinical use of this combination in pain management.

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### 1. Introduction

Combinations of nonsteroidal anti-inflammatory drugs (NSAIDs) with opioids are currently used in clinical practice to reduce opioid requirements (Reasbeck et al., 1982; Burns et al., 1991; Kehlet and Dahl, 1993). The purpose is to improve analgesia without enhancing the side effects of each drug. Accordingly, clinical studies have described a 20–50% reduction in the opioid requirement when NSAIDs are added (Kehlet and Dahl, 1993). Experimental studies have reported a synergism between intravenous morphine

and diclofenac, but only an additive interaction between morphine with propacetamol in an inflammatory pain model in rats (Fletcher et al., 1997). On the other hand, the morphine–ketorolac combination has shown a significant synergism in the formalin, visceral nociception and neuropathic pain tests (Malmberg and Yaksh, 1993; Maves et al., 1994; Lashbrook et al., 1999). Moreover, acetylsalicylic acid significantly increased the antinociceptive effect of morphine in the hot-plate and formalin tests (Sandrini et al., 1998), whereas that local administration of dipyrrone increased the peripheral antinociceptive effect of morphine in the formalin test (Aguirre-Bañuelos and Granados-Soto, 1999). Notwithstanding these observations, the information regarding the potential benefit of NSAID-opioid combinations yielding a rational basis for their use in clinical practice is still scarce.

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Codeine has been widely used in the management of clinical postoperative pain, alone and combined with acetaminophen (Forbes et al., 1990; Dhaliwal et al., 1995; De Craen et al., 1996; Poulsen et al., 1998; Innes et al., 1998). However, recent evidence suggest that combinations of codeine and acetaminophen are not well tolerated and do not offer a superior alternative for pain control (De Craen et al., 1996; Eckhardt et al., 1998; Chang et al., 2001). Therefore, other combinations have been explored. A clinical study showed that the codeine–diclofenac combination produced a better analgesic response than the diclofenac alone (Strobel, 1992). However, another study did not find an increased analgesic effect with this combination of analgesic agents in cancer pain (Minotti et al., 1998). To gain more insight on the antinociceptive efficacy of codeine–diclofenac combinations, the current study was designed to assess the peripheral, spinal and systemic antinociceptive effect of codeine and diclofenac and their possible synergistic interaction by isobolographic analyses in the rat formalin test.

## 2. Methods

### 2.1. Animals

All experiments were conducted in accordance with the “Guidelines on Ethical Standards for Investigation of Experimental Pain in Animals” (Zimmermann, 1983). In addition, the study was approved by the Institutional Animal Care and Use Committee (Centro de Investigación y de Estudios Avanzados del Instituto Politécnico Nacional, Mexico City, Mexico). Male Wistar rats aged 6–7 weeks (weight range, 160–200 g) from our own breeding facilities were used in this study. Animals had access to food and drinking water ad libitum before the experiments, except those included in the systemic drug administration protocol that were allowed only water 12 h before the experiments.

### 2.2. Spinal surgery

For spinal administration, rats were anesthetized with a ketamine/xylazine mixture (50/20 mg/kg ip), then were placed in a stereotaxic head holder, and the atlanto-occipital membrane was exposed (Malmberg and Yaksh, 1992). The membrane was pierced, and a PE-10 catheter was passed intrathecally to the level of the thoracolumbar junction and the wound was sutured. Rats were allowed to recover from surgery for at least 5 days before use. Animals showing any signs of motor impairment were euthanized in a CO<sub>2</sub> chamber.

### 2.3. Measurement of antinociceptive activity

Antinociception was assessed using the formalin test (Malmberg and Yaksh, 1992). Rats were placed in open

Plexiglas observation chambers for 30 min to allow them to accommodate to their surroundings, then they were removed for formalin administration. Fifty microliters of diluted formalin (5%) was injected subcutaneously into the dorsal surface of the right hind paw with a 30-gauge needle. Animals were then returned to the chambers, and nociceptive behavior was observed immediately after formalin injection. Mirrors were placed to enable unhindered observation. Nociceptive behavior was quantified as the number of flinches of the injected paw during 1-min periods every 5 to 60 min after injection (Malmberg and Yaksh, 1992; Wheeler-Aceto and Cowan, 1991). Flinching was readily discriminated and was characterized as rapid and brief withdrawal or flexing of the injected paw. Formalin-induced flinching behavior is biphasic. The initial acute phase (0–10 min) is followed by a relatively short quiescent period, which is then followed by a prolonged tonic response (15–60 min). Both phases of the formalin test were registered. Notwithstanding, since one of the tested drugs, diclofenac, was only active on the second phase, further data analysis are based on the results of this phase. At the end of the experiment the rats were sacrificed in a CO<sub>2</sub> chamber.

### 2.4. Drugs

Codeine phosphate and diclofenac sodium were kindly supplied by Novartis Farmacéutica (Mexico City, Mexico). Both analgesic agents were dissolved in saline and administered either spinally (in 10  $\mu$ l) or subcutaneously (in 50  $\mu$ l). For the oral administration, drugs were suspended in carboxymethylcellulose 0.5% and given at a volume ratio of 4 ml/kg.

### 2.5. Study design

For the local study, rats received a subcutaneous injection (50  $\mu$ l) in the dorsal surface of the right hind paw of vehicle or increasing doses of either codeine (100–1500  $\mu$ g/paw), diclofenac (100–1000  $\mu$ g/paw) or the codeine–diclofenac combination (as indicated in Table 1) 20 min before formalin injection in the same paw (ipsilateral). To assess if the antinociceptive effect of drugs was due to a local action, formalin was administered in one paw and the greatest dose of the tested drugs in the contralateral paw. For the spinal study, rats were intrathecally injected with increasing doses of codeine (25–400  $\mu$ g), diclofenac (25–200  $\mu$ g) or the combination codeine–diclofenac (as indicated in Table 1) 20 min before formalin injection. In the systemic study, animals received increasing doses of codeine (1–100 mg/kg), diclofenac (1–32 mg/kg) or the codeine–diclofenac combinations (as indicated in Table 1) orally 20 min before formalin injection. For all routes of administration, doses were selected on the basis of pilot as well as previous studies in our model (Ortiz et al., 2002). The observer was unaware of the treatment in each animal. Rats in all groups were tested for possible side effects such

Table 1

Doses used in the study of the interaction between codeine and diclofenac after local, spinal and systemic administration to rats in the formalin test

Local dose ( $\mu\text{g/paw}$ )			Spinal dose ( $\mu\text{g/rat}$ )			Systemic dose (mg/kg)		
Codeine in the combination	Diclofenac in the combination	Total dose in the combination	Codeine in the combination	Diclofenac in the combination	Total dose in the combination	Codeine in the combination	Diclofenac in the combination	Total dose in the combination
24.1	28.6	52.7	8.5	8.7	17.3	0.63	0.53	1.1
48.2	57.2	105.5	17.1	17.5	34.6	1.2	1.0	2.3
96.5	114.5	211.1	34.2	35	69.2	2.5	2.1	4.6
193	229	422.2	68.5	70	138.5	5.0	4.3	9.3
–	–	–	137	140	277	10.0	8.6	18.6

as reduction of righting, stepping, corneal and pinna reflexes before and after drug treatment.

## 2.6. Data analysis

All results are presented as mean  $\pm$  S.E.M. for at least six animals per group. Time-courses of antinociceptive response of individual drugs and combinations were constructed by plotting the mean number of flinches as a function of time. The total sum of flinches corresponding to the second phase of the assay was determined from 15 to 60 min, with regard to formalin administration. Dose–response data are presented as the percent of antinociception of the total sum of flinches on the second phase of the formalin test. Percent of antinociception was calculated according to the following equation (Argüelles et al., 2002):

Percent of Antinociception

$$[(\text{vehicle} - \text{post compound})/\text{vehicle}] \times 100.$$

The dose–response curves were constructed and the experimental points fitted using least-squares linear regression.  $\text{ED}_{30} \pm$  standard error (S.E.M.) was calculated according to the method described by Tallarida (2000).

It has been previously demonstrated that, for evaluation of the interaction between analgesic drugs, isobolographic analysis is a convenient tool (Argüelles et al., 2002; Tallarida, 2000). Therefore, in the present study, we used such technique to determine the nature of drug interaction between codeine and diclofenac. Isobolographic analysis assumes that the combination of drugs is made from equipotent doses of the individual drugs. Thus, from the dose–response curves of each individual agent, the dose resulting in 50% of the effect ( $\text{ED}_{50}$ ) can be determined. However, considering a maximal effect of 100% as the total suppression of formalin-induced flinches, it appeared that diclofenac was unable to achieve a 50% response, and thus the calculation of  $\text{ED}_{50}$  was not feasible. Therefore, we estimated the  $\text{ED}_{30}$  instead of the  $\text{ED}_{50}$ . Subsequently, a dose–response curve was obtained by concurrent delivery of the two drugs in a constant dose ratio (fixed-ratio) based on the  $\text{ED}_{30}$  values of each individual agent. To construct these curves, five groups of animals were formed and each group received one of the following doses of the

combination: codeine  $\text{ED}_{30}$  + diclofenac  $\text{ED}_{30}$ ; (codeine  $\text{ED}_{30}$  + diclofenac  $\text{ED}_{30}$ )/2; (codeine  $\text{ED}_{30}$  + diclofenac  $\text{ED}_{30}$ )/4; (codeine  $\text{ED}_{30}$  + diclofenac  $\text{ED}_{30}$ )/8; and (codeine

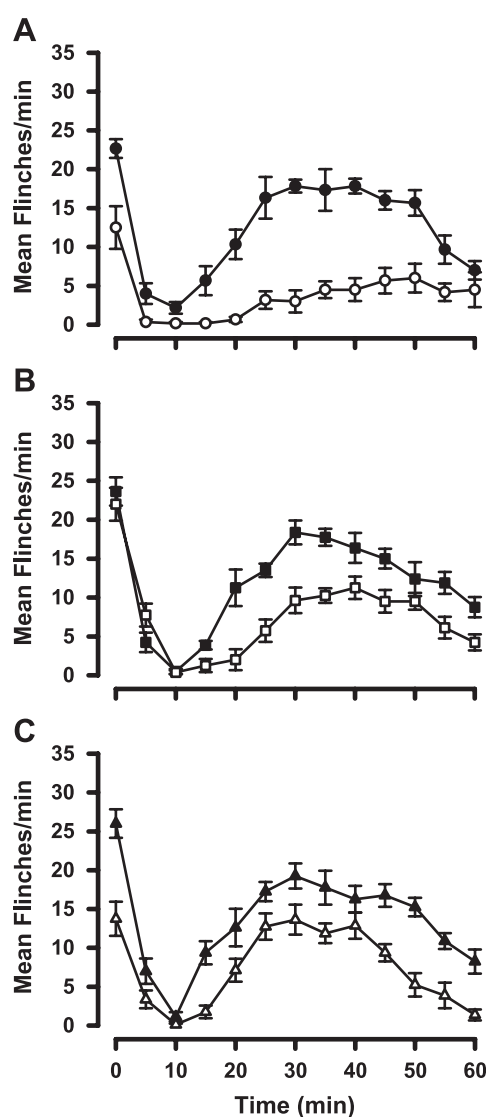


Fig. 1. Time-course of the antinociceptive effect of local (peripheral) administration of (A) codeine (1500  $\mu\text{g/paw}$ ;  $\circ$ ) and vehicle ( $\bullet$ ); (B) diclofenac (1000  $\mu\text{g/paw}$ ;  $\square$ ) and vehicle ( $\blacksquare$ ); and (C) codeine–diclofenac (230:193  $\mu\text{g/paw}$ ;  $\triangle$ ) and vehicle ( $\blacktriangle$ ). Data represent the mean  $\pm$  S.E.M. of at least six rats.

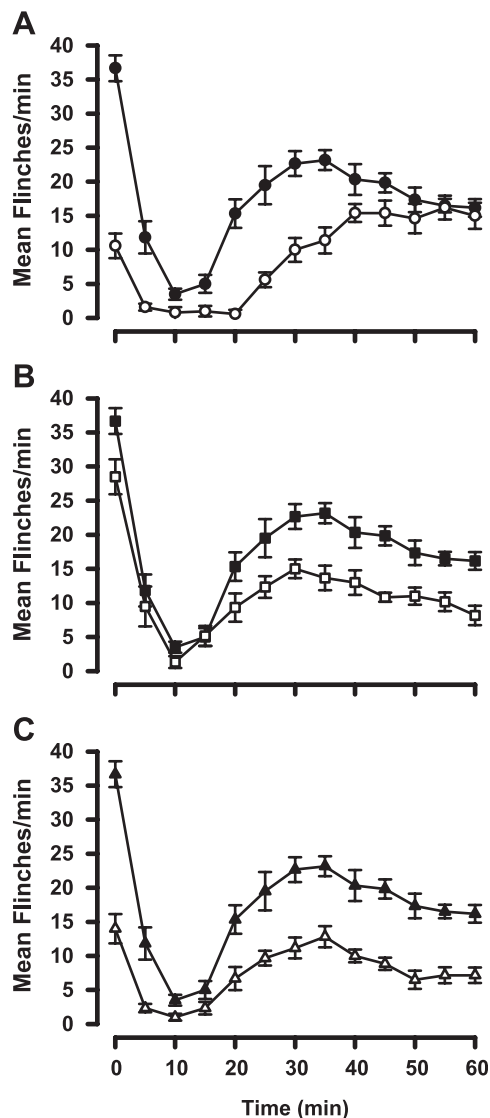


Fig. 2. Time-course of the antinociceptive effect of spinal administration of (A) Codeine (400 µg/rat; O) and vehicle (●); (B) diclofenac (200 µg/rat; □) and vehicle (■); and (C) codeine–diclofenac (140:137 µg/rat; △) and vehicle (▲). Data represent the mean  $\pm$  S.E.M. of at least six rats.

$ED_{30} + \text{diclofenac } ED_{30}/16$ . Detailed information on the composition of different combinations used in this study is shown in Table 1. From the resulting dose–response curve of the combination, the experimental  $ED_{30}$  value was calculated.

To determine if the interaction between two drugs given in combination was synergistic, additive or antagonistic, the theoretical additive  $ED_{30}$  was estimated from the dose–response curves of each drug administered individually, i.e., considering that the observed effect with the combination results of the sum of the individual effects of each component. This theoretical  $ED_{30}$  value is then compared with the experimental  $ED_{30}$  to determine if there is a statistically significant difference (Tallarida, 2002; Tallarida et al., 1999).

The theoretical and experimental  $ED_{30}$  values of the studied of combinations were also contrasted by calculating the interaction index ( $\gamma$ ) as follows:

$$\gamma = \frac{ED_{30} \text{ of combination (experimental)}}{ED_{30} \text{ of combination (theoretical)}}$$

The interaction index indicates what portion of the  $ED_{30}$  of the individual drugs accounts for the corresponding  $ED_{30}$  in the combination, i.e., values near to 1 correspond to an additive interaction, values higher than 1 imply an antagonistic interaction, and values lower than 1 indicate a synergistic interaction.

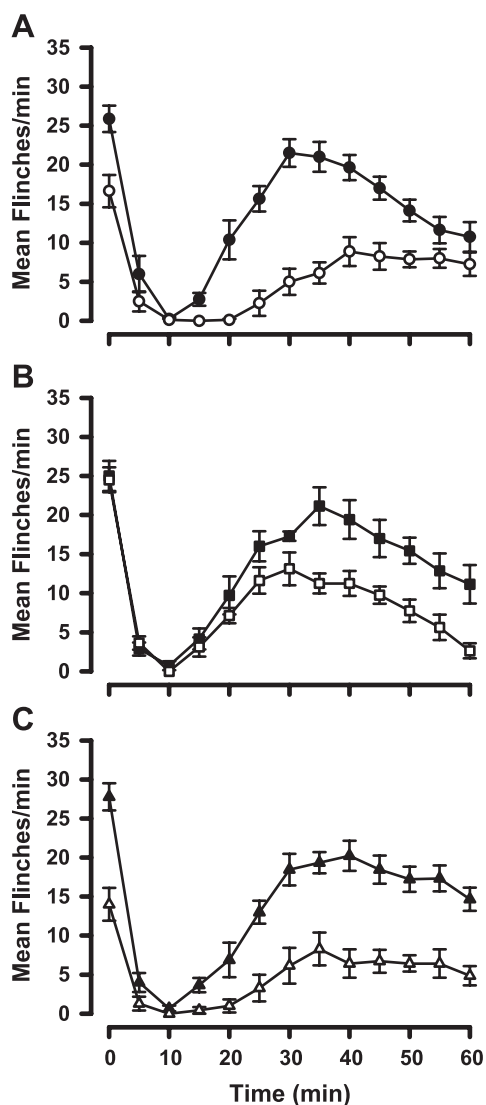


Fig. 3. Time-course of the antinociceptive effect of systemic (oral) administration of (A) codeine (100 mg/kg; O) and vehicle (●); (B) diclofenac (32 mg/kg; □) and vehicle (■); and (C) codeine–diclofenac (8.6:10 mg/kg; △) and vehicle (▲). Data represent the mean  $\pm$  S.E.M. of at least six rats.

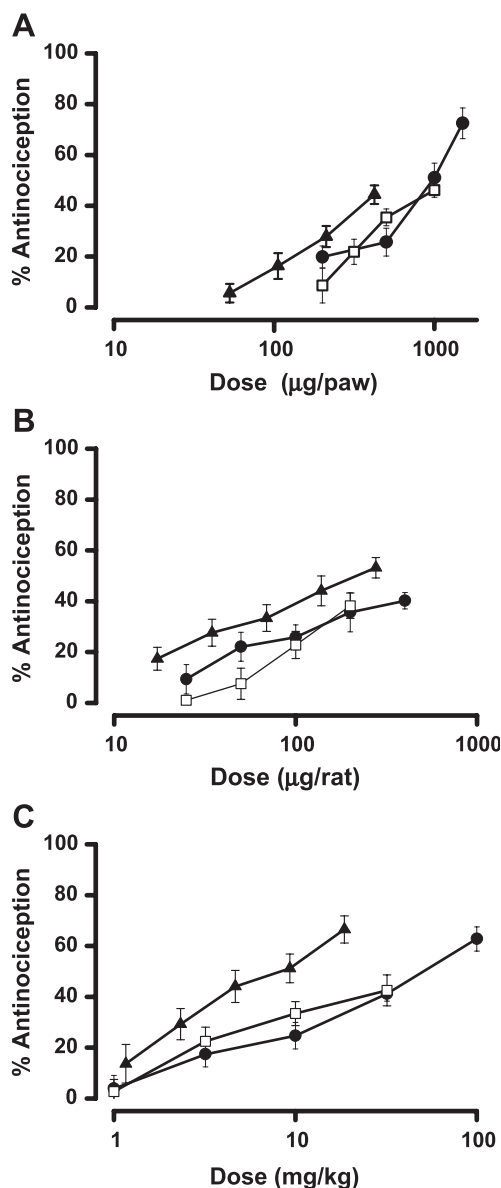


Fig. 4. Comparative dose-effect curves for the local (A), spinal (B) and systemic (C) administration of codeine (●), diclofenac (□) and diclofenac-codeine (▲) during the second phase of the formalin test. Doses of codeine were 200, 500, 1000 and 1500  $\mu\text{g/paw}$ , 25, 50, 100, 200 and 400  $\mu\text{g/rat}$ , and 1, 3.2, 10, 32 and 100 mg/kg for peripheral, spinal and, systemic administration, respectively. Doses of diclofenac were 200, 375, 500 and 1000  $\mu\text{g/paw}$ , 25, 50, 100, 200  $\mu\text{g/rat}$ , and 1, 3.2, 10 and 32 mg/kg for peripheral, spinal and systemic administration, respectively. Total doses of the codeine-diclofenac combination were 52.7, 105.5, 211.1 and 422.2  $\mu\text{g/paw}$ , 17.3, 33.6, 69.2, 138.5 and 277.0  $\mu\text{g/rat}$ , and 1.1, 2.3, 4.6, 9.3 and 18.6 mg/kg for peripheral, spinal, and systemic administration, respectively. Each point corresponds to the mean  $\pm$  S.E.M. of at least six rats.

### 2.7. Statistical analysis

Dose-response data were analyzed by one-way analysis of variance (ANOVA) with Dunnett's test for post hoc comparison. Statistical significance between the theoretical additive  $\text{ED}_{30}$  and the experimentally derived  $\text{ED}_{30}$  values was evaluated using Student's *t* test (Tallarida, 2000). An

experimental  $\text{ED}_{30}$  value significantly lower than the theoretical additive  $\text{ED}_{30}$  was considered to indicate a synergistic interaction between codeine and diclofenac. Statistical significance was considered to be achieved when  $P < .05$ .

## 3. Results

### 3.1. Peripheral, spinal and systemic antinociceptive effect of codeine, diclofenac and combinations

Subcutaneous injection of formalin into the hind paw produced a typical pattern of flinching behavior. The first phase started immediately after administration of formalin and then diminished gradually in approximately 10 min. The second phase started at 15 min and lasted until 1 h (Aguirre-Bañuelos and Granados-Soto, 1999). In the second phase of the formalin test, both codeine and diclofenac induced a dose-dependent antinociceptive effect by the three studied routes of administration (Figs. 1–3). No differences in the measured reflexes were observed before and after treatment in either group, control or treated, in any of the studied routes of administration. Figs. 1–3 show the time-courses of flinching behavior in control and treated rats with highest doses assayed of codeine, diclofenac and the codeine-diclofenac combination given by different routes. Local ipsilateral, but not contralateral, spinal or oral administration of individual or combined drugs produced a significant ( $P < .05$ ) reduction in the flinching behavior otherwise observed after formalin injection, although only codeine and the combination were active on the first phase of the assay. Thus, only data from the second phase of the assay were submitted to further analysis.

### 3.2. Interaction of codeine and diclofenac after peripheral, spinal and systemic administration

Dose-response curves for codeine and diclofenac were constructed (Fig. 4) and the dose producing 30% of the

Table 2

Effect of peripheral, spinal and oral administration of codeine and diclofenac alone or in combination in the formalin test

	Peripheral (local) administration $\text{ED}_{30}$ , $\mu\text{g/paw}$	Spinal administration $\text{ED}_{30}$ , $\mu\text{g/rat}$	Systemic administration $\text{ED}_{30}$ , mg/kg
Codeine	385.6 $\pm$ 96.1	136.8 $\pm$ 14.9	10.0 $\pm$ 1.7
Diclofenac	458.5 $\pm$ 31.3	140.0 $\pm$ 10.8	8.6 $\pm$ 1.5
Theoretical combination	422.2 $\pm$ 50.5	138.5 $\pm$ 9.2	9.3 $\pm$ 1.1
Experimental combination	211.1 $\pm$ 13.6 *	45.9 $\pm$ 3.9 *	2.5 $\pm$ 0.2 *
Interaction index	0.50 $\pm$ 0.06	0.33 $\pm$ 0.03	0.27 $\pm$ 0.04

$\text{ED}_{30}$ : Effective dose resulting in a 30% reduction on control response. Data are the mean  $\pm$  S.E. of the estimate.

\* Significantly different from the theoretical combination data ( $P < .05$ ), by the Student's *t* test.



maximal antinociceptive effect ( $ED_{30}$ ) was estimated. The doses of the codeine–diclofenac association were prepared as fixed-dose ratio dilutions with respect to the  $ED_{30}$  values of each individual agent (Table 1), and were used to construct dose–response curves for all the studied routes of administration (Fig. 4). This strategy allowed the estimation of the experimental  $ED_{30}$  values for the combinations

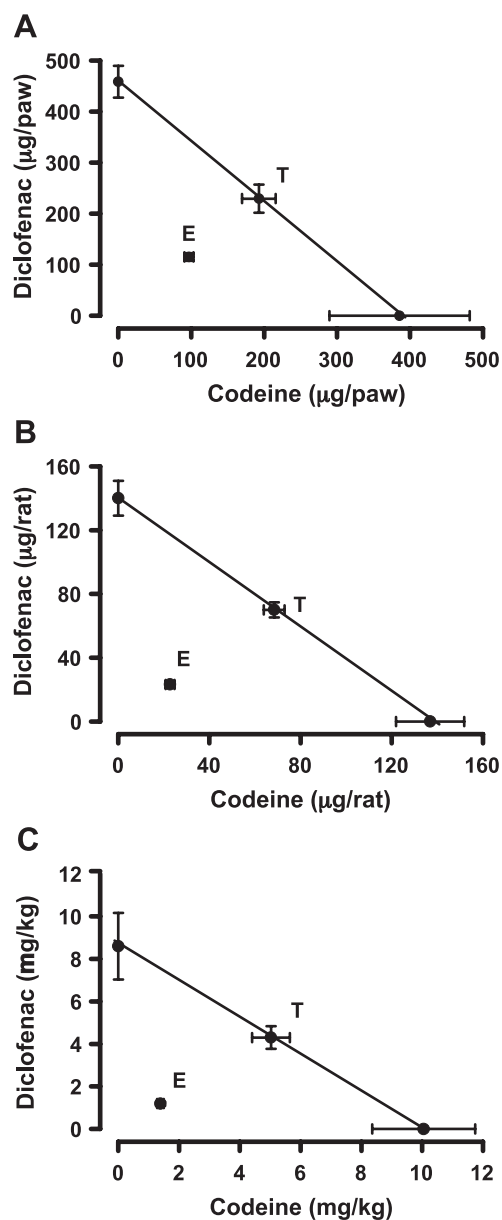


Fig. 5. Isobolograms showing the local (A), spinal (B) and systemic (C) interaction between diclofenac and codeine in the formalin test. Horizontal and vertical bars indicate S.E.M. The oblique line between the  $x$  and  $y$  axes is the theoretical additive line. The point in the middle of this line, indicated by “T”, is the theoretical additive point calculated from the individual drug  $ED_{30}$  values. The point indicated by “E” is the actually observed  $ED_{30}$  value with the combination. In all cases, the experimental  $ED_{30}$  point is situated below the additive line, being statistically significantly different for the theoretical  $ED_{30}$  value assuming a purely additive interaction, indicating a significant synergism ( $P=0.05$ ).

(Table 2). A leftward shift of the dose–response curve of the codeine–diclofenac combination, indicating increased antinociceptive potency with regard to the individual drugs, was observed with all routes of administration, although it was more pronounced when drugs were given orally (Fig. 4C).

When the  $ED_{30}$  values were submitted to isobolographic analysis, it appeared that the experimental values were lower than those expected from a purely additive interaction. This can be graphically appreciated in Fig. 5. The theoretically additive dose line depicts all points of codeine–diclofenac dose combinations yielding an effect of 30% according to a purely additive interaction. Thus, the point corresponding to the codeine and diclofenac amounts actually given in the combination located on this line corresponds to the theoretical  $ED_{30}$  value. For the three studied routes of administration, the experimental  $ED_{30}$  values of the codeine–diclofenac combination clearly were situated below theoretically additive dose line, indicating a synergistic interaction between codeine and diclofenac after peripheral, spinal and oral administration (Fig. 5A–C). Comparison of experimental and theoretical  $ED_{30}$  values by the Student’s  $t$  test yielded statistically significant differences ( $P<0.05$ ) for all routes (Table 2). Further analysis according to the interaction index values (Table 2), showed a twofold increase in potency was achieved by the local route ( $\gamma=0.5$ ), a threefold increase was reached by the spinal route ( $\gamma=0.33$ ) and a near fourfold increase was found by the systemic route ( $\gamma=0.27$ ).

#### 4. Discussion

The current study demonstrates that peripherally, spinally or orally administered codeine produced dose-dependent antinociception in the formalin test. The antinociceptive effect of codeine has been demonstrated in acute thermal pain models and in prostaglandin-induced hyperalgesia (Yaksh and Rudy, 1976; Kamata et al., 1980; Molina et al., 1983). Therefore, our results confirm previous observations indicating that codeine produce antinociception after peripheral, spinal, or systemic administration (Yaksh and Rudy, 1976; Kamata et al., 1980; Molina et al., 1983; Srinivasan et al., 1996) in several models of pain. It has been assumed that codeine is an analgesic prodrug of morphine (Sanfilippo, 1948; Pert and Snyder, 1973). Therefore, it is likely that codeine-induced antinociception is due to activation of opioid receptors.

On the other hand, diclofenac is known to cause antinociception after peripheral and systemic administration to animals in several models of pain (Ortiz et al., 2002; Menassé et al., 1978; Tonussi and Ferreira, 1993; Torres-López et al., 1997, 2002; Asomoza-Espinosa et al., 2001) as well as in clinical pain in humans (Todd and Sorkin, 1988). In our study, diclofenac administration at the peripheral and systemic level produced a dose-related antinociception in the formalin test, but only during the second phase of the

assay. These results demonstrate the antinociceptive efficacy of diclofenac, and are consistent with a significant participation of a peripheral component in its mechanism of action on formalin-induced nociception. In the present work, we also demonstrated that diclofenac is able to produce antinociception by acting on the spinal cord. Our data agree with previous observations about the spinal antinociceptive efficacy of diclofenac in rats (Miranda et al., 2001a,b; Pinardi et al., 2002). Since diclofenac is an inhibitor of prostaglandin synthesis (Kato et al., 2001), our data suggest that diclofenac could be reducing prostaglandin-induced sensitization in the primary afferent neurons and at the spinal cord, although the participation of additional mechanisms cannot be ruled out.

The present study focused on the nature of the interaction between codeine and diclofenac at several levels. Conceptually, an additive effect refers to the interaction between two drugs such that, when coadministered, the resultant effect approaches the maximum effect or the sum the effects of the two drugs administered individually. Synergy describes the interaction between two drugs such that, when given concurrently, the resultant efficacy or potency supports a greater-than-additive or multiplicative interaction compared to each drug administered individually (see Tallarida, 2000, for a more detailed review). In this study, by using a fixed-ratio strategy, isobolographic analysis demonstrated a significant synergistic interaction between codeine and diclofenac at peripheral, spinal and systemic levels. These results confirm previous experiments showing that coadministration of opioids and NSAIDs to rats produce an increased peripheral (Aguirre-Bañuelos and Granados-Soto, 1999), spinal (Malmberg and Yaksh, 1993) and systemic (Fletcher et al., 1997) antinociceptive effect compared with individual drugs. However, to our knowledge, this is the first report about the synergistic interaction between codeine and diclofenac in the rat at different levels of pain transmission.

The mechanism underlying the synergism between codeine and diclofenac is not clear. A pharmacokinetic interaction seems to be unlikely, since there is data that administration of diclofenac does not modify the plasma levels of codeine or its metabolites, including morphine (Ammon et al., 2002). A pharmacodynamic interaction appears more plausible. The mechanism of the observed synergism could be due to the different sites of action of diclofenac and codeine as well as to the multiple mechanisms of antinociceptive action of both drugs. Diclofenac exhibits mechanisms additional to nonselective cyclooxygenase inhibition, which have been proposed to play a significant role in the antinociceptive effect of this NSAID. Thus, activation of the serotonergic inhibitory descendent system, reduction of the pronociceptive actions of glutamate at the spinal cord, activation of  $\alpha_2$ -adrenoceptors at spinal and supraspinal levels, and activation of  $K^+$  channels also appear to be involved in the antinociceptive effect of diclofenac in the formalin test (Björkman, 1995; Ortiz et

al., 2002; Pinardi et al., 2002). Furthermore, diclofenac increases the hypothalamic levels of  $\beta$ -endorphins (Sacerdote et al., 1985), possibly increasing the activity of the opioid system when both agents are administered concomitantly. On the other hand, the antinociception produced by codeine likely results from activation of opioid receptors, by either morphine or unchanged codeine (Sanfilippo, 1948; Pert and Snyder, 1973; Quiding et al., 1993). Notwithstanding, a direct antinociceptive action of codeine by other mechanism cannot be ruled out (Quiding et al., 1993). The first view has been supported by experiments showing that codeine binds to opioid receptors, but with a much lower affinity compared to morphine (Pert and Snyder, 1973). There is evidence showing that  $\mu$ -opioid receptor agonists have antinociceptive activity in the formalin test after peripheral, spinal and systemic administration (Yaksh and Rudy, 1976; Antonijevic et al., 1995; Granados-Soto et al., 1997; Shannon and Lutz, 2002). It is presently known that the effect of opioids involve several mechanisms. It has been described that  $\mu$ -opioid receptor agonists act to inhibit activation of adenylyl cyclase (Ingram and Williams, 1996) and tetrodotoxin-resistant  $Na^+$  channels on peripheral afferent neurons produced by inflammatory mediators such as prostaglandin  $E_2$  and serotonin (Gold et al., 1996). Moreover, there is also evidence pointing that opioids inhibit release of substance P and calcitonin gene-related peptide from primary afferent neurons (Yaksh, 1988), and open ATP-sensitive  $K^+$  channels via  $G_i$  proteins resulting in hyperpolarization, reduction in firing of the primary afferent neuron and antinociception (Ocaña et al., 1990; Ortiz et al., 2002; Rodrigues and Duarte, 2000; Yoshimura and North, 1983). All or some of these mechanisms could be involved in the antinociceptive effect of codeine at the peripheral, spinal or supraspinal level. Which of these mechanisms are actually involved in the synergistic interaction between diclofenac and codeine, however, remains to be elucidated.

Previous studies have shown that the concurrent use of opioids and NSAIDs produces increased antinociception or a reduction in the requirements of opioid agents (Kehlet and Dahl, 1993; Rockeman et al., 1996; Tallarida et al., 1999; Silvanto et al., 2002). Nevertheless, the clinical use of a combination of codeine and diclofenac is still controversial. A clinical study suggested that a combination 50 mg of codeine and 50 mg of diclofenac showed a better analgesic response than the diclofenac alone (Strobel, 1992), while the combination of 40 mg of codeine and 50 mg of diclofenac was unable to improve the analgesic response of diclofenac alone (Minotti et al., 1998). Our results in the rat showed that it is possible to observe a synergistic interaction between codeine and diclofenac at different anatomical sites. This is supported by previous electrophysiological observations showing that opioids produce antinociception by suppressing the inhibitory influence of GABA on neurons constituting a descending antinociceptive pathway, and that such effect is potentiated by cyclooxygenase-1 inhibitors (Vaughan et al., 1997; Vaughan, 1998). It has been

proposed that this mechanism accounts for the antinociceptive activity of cyclooxygenase inhibitors in the periaqueductal gray, as well as for NSAID synergism with opioids (Vaughan et al., 1997).

In conclusion, the present study has demonstrated that codeine and diclofenac produce antinociception in the formalin test after peripheral, spinal and systemic administration. Moreover, the existence of an important functional synergistic interaction between codeine and diclofenac at different levels of pain transmission is documented. Therefore, clinical studies assessing the therapeutic potential of this combination are encouraged.

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